

# What to Remember When They Forget: A Compassionate Guide for Caregivers of People with Alzheimer's and Other Dementias

Caring for a loved one with Alzheimer's disease or another type of dementia can be a challenging and emotionally draining experience. In *What to Remember When They Forget*, author Jennifer Butefisch provides caregivers with a compassionate and practical guide to help them navigate the challenges of caring for their loved one.



## [The Alzheimer's Disease Caregiver's Handbook: What to Remember When They Forget](#) by Sue Pace Bell

★★★★☆ 4.6 out of 5

Language : English  
File size : 14404 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 412 pages



Butefisch, a former caregiver herself, draws on her own experiences and the experiences of other caregivers to provide a wealth of practical advice on topics such as:

- Understanding the different stages of dementia
- Communicating with someone with dementia
- Managing difficult behaviors
- Providing care for your loved one's physical and emotional needs
- Taking care of yourself as a caregiver

Butefisch also includes personal stories from caregivers, which provide a glimpse into the challenges and rewards of caring for a loved one with dementia.

*What to Remember When They Forget* is an essential resource for anyone who is caring for a loved one with Alzheimer's disease or another type of dementia. Butefisch's compassionate and practical advice will help caregivers provide the best possible care for their loved ones and take care of themselves in the process.

### **Praise for *What to Remember When They Forget***

"Jennifer Butefisch has written an essential guide for caregivers of people with dementia. Her compassionate and practical advice will help caregivers provide the best possible care for their loved ones and take care of themselves in the process." — **Terry Martin**, author of *When You Care for Someone with Advanced Dementia*

"*What to Remember When They Forget* is a compassionate and practical guide for caregivers of people with dementia. Jennifer Butefisch's insights and advice will help caregivers provide the best possible care for their loved ones and take care of themselves in the process." — **Jill Bolte Taylor**, author of *My Stroke of Insight*

### **About the Author**

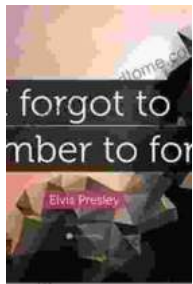
Jennifer Butefisch is a former caregiver and the author of *What to Remember When They Forget*. She has written extensively about caregiving for people with dementia, and her work has been featured in *The New York Times*, *The Washington Post*, and *AARP Magazine*.

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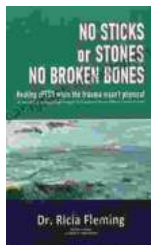
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