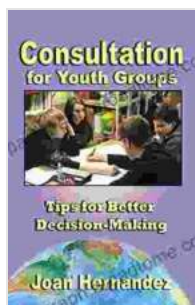


# Tips For Better Decision Making With Stories And Activities Transformative

Making good decisions is a skill that takes practice. The more you practice, the better you will become at it. There are many different ways to improve your decision-making skills, but one of the most effective is to use stories and activities.

Stories can help you to understand different perspectives and to see how decisions can have different consequences. Activities can help you to apply what you have learned from stories to your own life. By using stories and activities together, you can develop a deeper understanding of decision-making and become more confident in your ability to make good choices.



## Consultation for Youth Groups: Tips for Better Decision-Making (with stories and activities)

(Transformative Leadership for Youth) by Joan Hernandez

★★★★★ 5 out of 5

Language	: English
File size	: 1186 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 45 pages
Lending	: Enabled



## The Benefits of Using Stories and Activities to Improve Decision Making

There are many benefits to using stories and activities to improve decision-making, including:

- Stories can help you to understand different perspectives.
- Stories can help you to see how decisions can have different consequences.
- Activities can help you to apply what you have learned from stories to your own life.

li>Stories and activities can help you to develop a deeper understanding of decision-making.

- Stories and activities can help you to become more confident in your ability to make good choices.

## **How to Use Stories and Activities to Improve Decision Making**

There are many different ways to use stories and activities to improve decision-making. Here are a few tips:

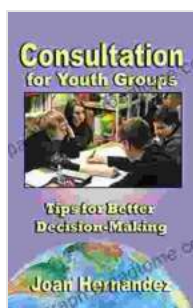
- **\*\*Read stories about decision-making.\*\*** There are many great books and articles that can help you to learn about decision-making. Some of our favorites include:
  - Thinking, Fast and Slow by Daniel Kahneman
  - Predictably Irrational by Dan Ariely
  - The Power of Habit by Charles Duhigg
  - The Paradox of Choice by Barry Schwartz

- Sway: The Irresistible Pull of Irrational Behavior by Ori Brafman and Rom Brafman
- **\*\*Watch movies and TV shows about decision-making.\*\*** Many movies and TV shows explore the topic of decision-making. Some of our favorites include:
  - The Matrix
  - The Dark Knight
  - The Shawshank Redemption
  - The Good Wife
  - House of Cards
- **\*\*Play games that involve decision-making.\*\*** There are many great games that can help you to practice decision-making skills. Some of our favorites include:
  - The Game of Life
  - Monopoly
  - Risk
  - Chess
  - Poker
- **\*\*Do activities that involve decision-making.\*\*** There are many different activities that can help you to practice decision-making skills, such as:
  - Making a budget
  - Planning a trip

- Choosing a career
- Investing money
- Starting a business

Using stories and activities to improve decision-making is a great way to develop a deeper understanding of decision-making and to become more confident in your ability to make good choices. By practicing decision-making skills, you can improve your life in many ways, such as by making better financial decisions, achieving your goals, and building stronger relationships.

If you are looking for a way to improve your decision-making skills, we encourage you to try using stories and activities. With a little practice, you will be able to make better decisions that will lead to a better life.



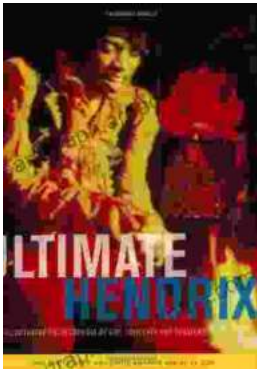
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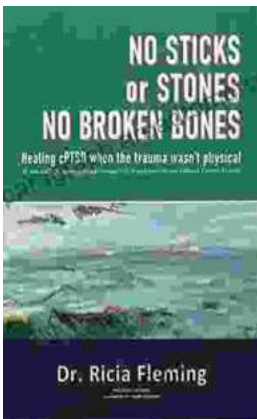
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