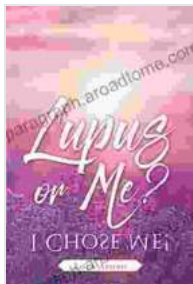


Lupus or ME Chose Me: A Memoir of Living with Chronic Illness



Lupus or Me?: I Chose Me! by John K.

★★★★☆ 4.7 out of 5

Language : English
File size : 2652 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 92 pages
Screen Reader : Supported



In 2008, I was diagnosed with lupus, a chronic autoimmune disease that can affect any part of the body. At the time, I was a healthy 25-year-old woman with a promising career and a loving family. I couldn't believe that this was happening to me.

The next few years were a whirlwind of doctor's appointments, hospital stays, and treatments. I tried to keep up with my work and my social life, but it was getting harder and harder. I was constantly tired, in pain, and struggling to keep my symptoms under control.

In 2012, I had to quit my job. I was too sick to work. I spent the next few years in a fog, trying to figure out what my life would be like now that I had a chronic illness.

In 2015, I started writing this memoir. I wanted to share my story with others who are living with chronic illness. I wanted them to know that they are not alone, and that there is hope.

This memoir is a raw and honest account of my journey with lupus. I write about the good times and the bad times, the challenges and the victories. I also write about the things that have helped me to cope with my illness, such as my faith, my family, and my friends.

I hope that this memoir will inspire others who are living with chronic illness. I hope that it will give them hope, strength, and courage.

Excerpt from the book:

"I remember the day I was diagnosed with lupus. I was sitting in the doctor's office, and the doctor was telling me what it was. I had never heard of lupus before, and I didn't know what it meant. I just knew that it was a bad thing.

I went home and I cried. I cried for myself, for my family, and for my future. I didn't know what my life would be like now that I had lupus. I didn't know if I would be able to work, or have a family, or even just live a normal life.

But then I started to think about the people who had helped me through this journey. I thought about my family, my friends, and my doctors. I thought about the people who had given me hope and strength. And I realized that I was not alone.

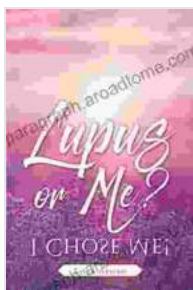
I decided that I was not going to let lupus define me. I was going to live my life to the fullest, and I was going to make the most of every day. I was

going to show the world that lupus could not defeat me."

Free Download your copy today!

This memoir is available in paperback and e-book formats from Our Book Library, Barnes & Noble, and other online retailers.

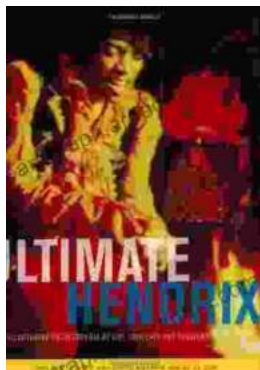
Free Download your copy today!



Lupus or Me?: I Chose Me! by John K.

★★★★☆ 4.7 out of 5

Language	: English
File size	: 2652 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 92 pages
Screen Reader	: Supported



An Illustrated Encyclopedia Of Live Concerts And Sessions: Uncover The Magic Of Live Music

Immerse yourself in the electrifying world of live music with An Illustrated Encyclopedia Of Live Concerts And Sessions. This groundbreaking work transports...



Non Physically Assaultive Attachment Based Chronic Covert Trauma: A Guide to Understanding and Healing

What is Covert Trauma? Covert trauma is a type of trauma that is not caused by physical violence but instead by emotional and psychological...