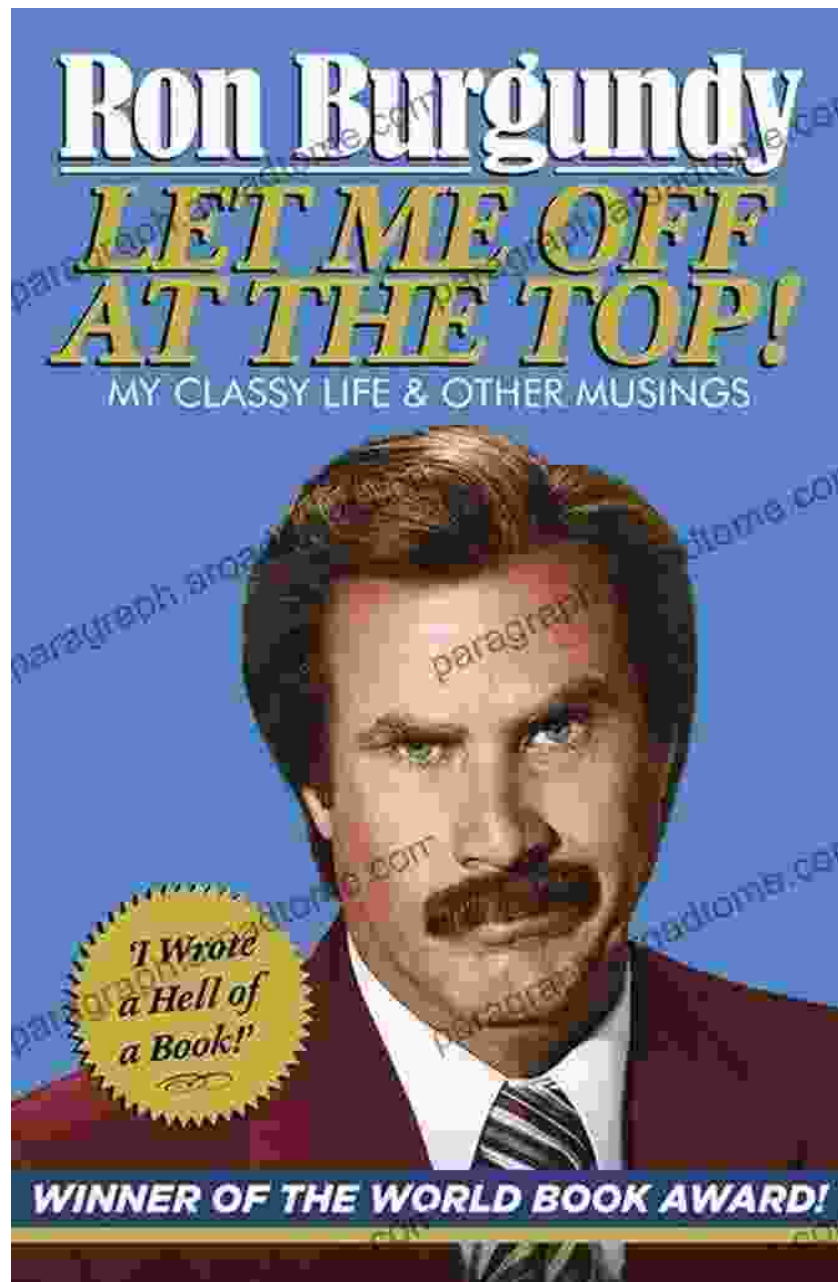


# Let Me Off at the Top: A Journey Through Non-Duality

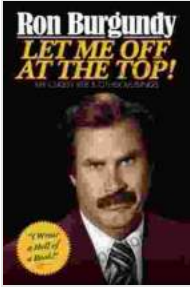


Let Me Off at the Top!: My Classy Life and Other

**Musings** by Ron Burgundy

★★★★☆ 4.5 out of 5

Language : English



File size	: 5909 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 226 pages



## A Journey Through Non-Duality

In *Let Me Off at the Top*, Adyashanti invites readers to embark on a journey through non-duality, the experience of being one with all that is. Drawing on his own experience of awakening, Adyashanti explores the nature of reality, the illusion of separation, and the path to awakening.

With clarity and compassion, Adyashanti guides readers to a deeper understanding of themselves and the world around them. He reveals the true nature of the ego, the source of suffering, and the path to liberation.

*Let Me Off at the Top* is not a book of theory or dogma. It is a practical guide to awakening, offering readers a direct experience of the non-dual nature of reality.

### Here is an excerpt from the book:

*"The journey of non-duality is not a journey to some distant land. It is a journey to the present moment, to the here and now. It is a journey to the recognition of what is already true.*

*The illusion of separation is the root of all suffering. When we believe that we are separate from others, we create a sense of lack and longing. We feel that we need something outside of ourselves to make us happy and complete.*

*The truth is, we are already whole and complete. We are already one with all that is. We just need to recognize this truth and let go of the illusion of separation.*

*The path to awakening is a path of surrender. We must surrender our ego, our need for control, and our desire for things to be different than they are. We must simply be present to the moment, and allow reality to unfold as it will.*

*When we surrender, we open ourselves up to the possibility of awakening. We open ourselves up to the experience of being one with all that is.*

*This is the journey of non-duality. It is a journey of surrender, love, and compassion. It is a journey that leads to the realization of our true nature."*

## **About the Author**

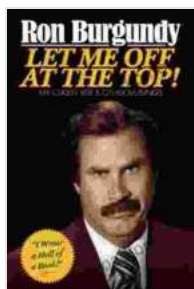
Adyashanti is a world-renowned spiritual teacher and author. He has taught meditation and non-duality for over thirty years, and his teachings have touched the lives of millions of people around the world.

Adyashanti is the author of several books, including *The End of Your World*, *Falling into Grace*, and *Resurrecting Faith*. He has also produced a number of audio and video programs, including *The Way of Liberation* and *The Silent Question*.

Adyashanti's teachings are characterized by their clarity, compassion, and practicality. He offers a direct path to awakening, and his teachings can be applied to all aspects of life.

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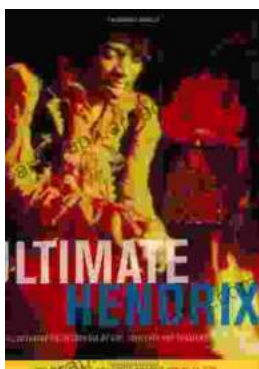
*Let Me Off at the Top* is available now from Our Book Library, Barnes & Noble, and all other major booksellers.



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