

Chopsticks in the Land of Cotton: A Southerner's Journey to the Heart of Chinese Food

I was born in Mississippi, the daughter of Chinese immigrants. My parents owned a Chinese restaurant, and I grew up eating Chinese food every day. But it wasn't until I was an adult that I began to appreciate the richness and diversity of Chinese cuisine.

In my early twenties, I moved to New York City to pursue a career in journalism. I was soon introduced to the vibrant Chinese food scene there, and I was amazed by the variety of dishes available. I started to explore the different regional cuisines of China, and I quickly became a fan of Sichuanese, Cantonese, and Taiwanese food.

As I learned more about Chinese food, I also began to learn more about my own Chinese heritage. I realized that Chinese food was not just about eating; it was about culture, family, and identity.



Chopsticks in the Land of Cotton: Lives of Mississippi

Delta Chinese Grocers by John Jung

★★★★☆ 4.6 out of 5

Language : English
File size : 36806 KB
Text-to-Speech : Enabled
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 273 pages
Lending : Enabled
Screen Reader : Supported



In this book, I share my journey of discovery as I explore the world of Chinese food. I travel to China, Taiwan, and Hong Kong to meet the people who cook and eat this amazing cuisine. I learn about the history of Chinese food, and I explore the different regional cuisines. And I share my own personal experiences with Chinese food, from the meals I ate as a child to the dishes I cook today.

Chopsticks in the Land of Cotton is a memoir, a food book, and a cultural exploration. It is a story about my own journey to find my place in the world, and it is a story about the power of food to connect us all.

Reviews

"Chopsticks in the Land of Cotton is a delicious and heartwarming memoir about food, family, and identity. Jennifer 8. Lee is a gifted writer who has a deep understanding of Chinese culture and cuisine. This book is a must-read for anyone who loves Chinese food or who is interested in the Chinese-American experience." - Amy Tan, author of *The Joy Luck Club*

"Chopsticks in the Land of Cotton is a fascinating and moving exploration of Chinese food and culture. Jennifer 8. Lee writes with wit, warmth, and insight, and she takes us on a culinary journey that is both personal and universal. This book is a must-read for anyone who loves to eat, and for anyone who wants to learn more about Chinese culture." - Ed Levine, author of *Serious Eats: A History of America's Most Popular Cuisine*

Excerpt

>I remember the first time I ate Peking duck. I was in Beijing, on a trip to visit my family. My aunt took me to a restaurant that specialized in this dish. The duck was served whole, with its skin crispy and golden brown. My aunt showed me how to wrap the duck in a pancake, with scallions and hoisin sauce.

>I took a bite, and the flavor was incredible. The duck was tender and juicy, and the skin was crispy and flavorful. The scallions and hoisin sauce added a perfect balance of sweetness and acidity.

>I ate the rest of the duck in one sitting. I couldn't get enough of it. I had never tasted anything like it before.

>Peking duck is one of the most famous dishes in Chinese cuisine. It is a symbol of wealth and prosperity, and it is often served at special occasions. I am grateful that I had the opportunity to try this dish in its native country. It was an experience that I will never forget.

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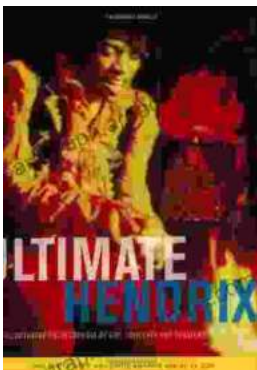
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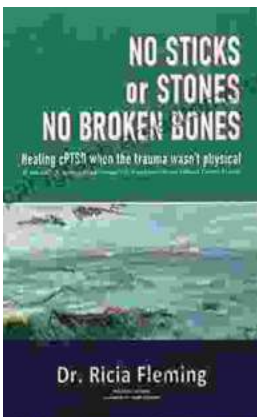
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